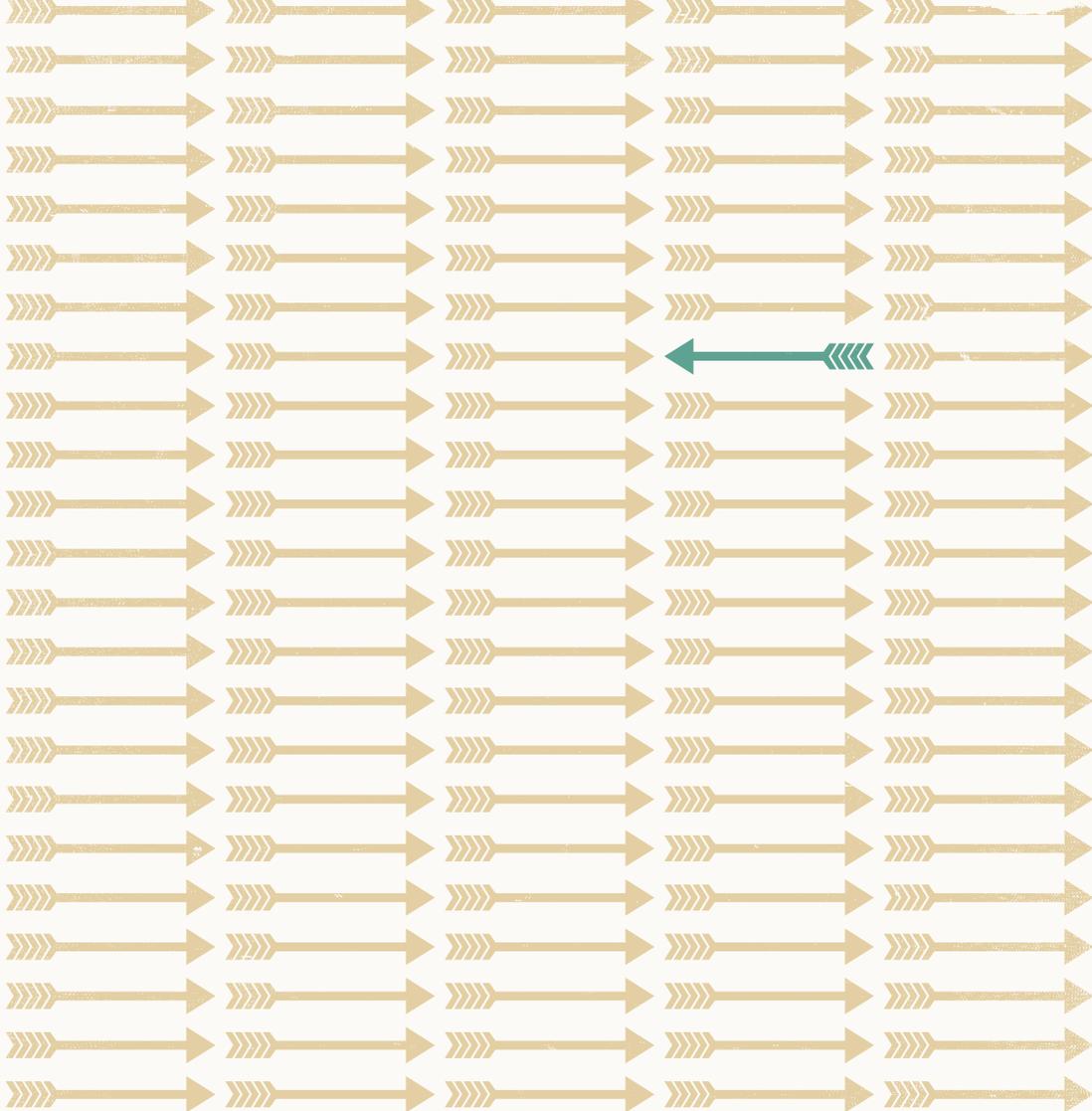


Thanks for downloading this sample of the *Live Different* Student Book from **ym360's Event Resources** line of Bible Study.

The *Live Different* Student Book is the road map for your students' event experience. Here are just a few features:

- 48 full color pages
- Note taking areas for Large Group Sessions
- Interacts with the Small Group Lessons your teachers access Online
- Features four bonus devotions for use throughout your event
- Biblically solid, culturally relevant, highly interactive

If you have any questions about the *Live Different* Student Book, or any other ym360 Event Resource, don't hesitate to call. We're here to help! 1-888-969-6360



LIVEDIFFERENT

God, Sex, and Holiness

INTERACTIVE STUDENT BOOK

This Book Belongs To: _____

Date: _____

Published by: youthministry360

Live Different: God, Sex, and Holiness

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LIVEDIFFERENT

INTRO

You can't escape it. In fact it's such a part of your life you may not even notice it much. Sex is everywhere. Our culture is sex-saturated, and most of what you see and hear goes against God's design for sex and sexuality. You're about to embark upon a journey where you discover what God has in mind for sex and sexuality that honor Him. This journey will lead you to look at your life, faith, and attitudes about sex from perspectives you might not have ever considered before.

Like all journeys, it has the potential to be an awesome experience. But a lot of the value of this experience depends on you.

Have You Prepared For The Journey?

Ask yourself: Am I in the right mindset? Is my heart prepared to hear God's voice? Am I willing to be changed? If you can't answer "yes" to these questions, this journey might not be nearly as spectacular as it could be. If you need to, take a moment and silently talk to God in prayer. Ask God to give you a heart that is open to His leading.

You're Holding Your Map

This book you're holding is the road map for your journey. It will help guide your experiences. Hold on to it. Write your name and the date in the front. If this journey turns out to be as meaningful as it could potentially be, you'll want to look back and remember this time in your life.

Make An Impact, Be Impacted

As you start your journey, keep your eyes and ears open for those valuable moments where God seems to speak to you. But don't miss the chance you have to impact your fellow travelers. And to be impacted by them. Your friends are with you in this experience. Be open to what God is doing in and through them, and how He might be using them to speak to you. And vice versa.

Your journey is beginning. Be prepared to be changed . . .

SESSION 1

INTRO



HOW OFTEN ARE YOU AWARE OF IMAGES OR MESSAGES THAT FEATURE SOME SORT OF SEXUALIZED CONTENT TO SELL A PRODUCT?

How often does the topic of **SEX** come up in **YOUR** peer group?

WHEN WAS THE LAST TIME YOU WERE AROUND SOMEONE AND HE OR SHE HAD **PORN** IN SOME FORM OR FASHION ON HIS OR HER **PHONE**?

HOW OFTEN ARE YOU WATCHING A MOVIE WHEN A JOKE INVOLVING SEXUAL HUMOR IS MADE?

How many times **a week** do you hear **song lyrics** that refer to **HAVING SEX** or some other similar imagery?



Here's the deal: you're not dealing with anything that people haven't dealt with for thousands of years. But, you are in a place that's pretty unique in terms of our culture. You live each day in a society that is **hyper-sexualized**. You are bombarded by messages about sex and sexual behavior. And this has an effect on you and the way in which you follow Christ.

What does our culture say to you about sex? Culture says sex is part of who you are, and that your sexuality is simply one facet of your identity. Culture says sexual expression is an important aspect of being young. Culture says that sex between two consenting teenagers is OK, if not normal.

As long as sex is not coercive, marriage, and maybe even love, doesn't really matter.

THE PROBLEM IS THAT THIS FLIES IN THE FACE OF HOW THE BIBLE TALKS ABOUT SEX AND SEXUAL EXPRESSION.

Because of the world you live in, it's pretty important that you learn God's intention for how you are to make choices about sex and sexuality. **LIVE DIFFERENT** will help you do just that.



But Live Different will challenge you in different ways. Your life as a Christ-follower has to be more about what you don't do. It has to be about what you pursue. And Live Different will challenge you to pursue God in a way that you might not have ever considered before. It's your chance to see some real spiritual growth in your life. *Are you ready?*

LARGE GROUP NOTES

SESSION 1

These two pages are designed for you to take notes on during Large Group Sessions. The stuff you're learning will really build on itself over the next few sessions. So even if you're not much of a note taker, you might want to at least jot down what you think is important.

Try writing down:

- Any specific teaching points
- Verse references for Scripture passages
- Quotes that make you think
- Anything you have a question about





SMALL GROUP

SESSION 1

INTRO

The world tells you a lot of different things about sex.

In fact, it's hard to go for very long at all without someone telling you what kind of sex is OK, and what kind of sex isn't, when it's OK to have sex, and when it's not, and so on . . .

You have probably heard thousands of opinions on sex in your lifetime. Over the next day or so, you're going to hear what God has to say about sex. You're going to learn about the circumstances that lead to sex God says is good and right.

God has definite thoughts and views on this subject. Remember, God invented sex. He invented sexual attraction. He made man and women to be attracted to one another. There is nothing shameful or sinful about sex when it is lived out within the parameters God set. You're going to learn what these parameters are, and it starts with this first small group lesson.



GETTING STARTED

Read the following stats with your group. Follow your leaders instructions on how to work through these statistics.

While experts differ on the actual number, research shows that the average American hears or sees at least 500 ads a day. Considering that many of these ads contain images that are sexual in nature, Americans are constantly exposed to sexual themes and sexuality.

According to a study done by the Center for Disease Control, 93% of boys and 62% of girls have seen Internet pornography by the time they're 18 years old.

Sexual intercourse is depicted or strongly implied in 10% of shows on TV. Of those instances of sexual intercourse either depicted or strongly implied, only half occurred among couples who had an established relationship with one another. 10% involved couples who had just met.

39% of teenagers have texted a nude or semi-nude picture of themselves to someone else. 48% of teenagers have received one.

According to the Center for Disease Control, nearly half of the 19 million new STDs each year are among young people aged 15–24 years.

One study reports that 47% of 15-17 year old boys and 42% of 15-17 year old girls have had sexual intercourse. 78% of 18-19 year old boys and 72% of 18-19 year old girls have had sex.

Two-thirds of shows on TV include sexual content.

More than 400,000 teen girls aged 15–19 years gave birth in 2009.



DIGGING IN

Work with your group to read the passages and answers the questions below.

I

Read Genesis 2:20-25.

What God Says About Sex And Sexuality

- If we're trying to identify sex that's acceptable in God's scheme of things, based on these verses how would we answer the "who" question? In other words, who is involved in sex that is right in God's eyes?

- Verse 25 may seem a little awkward at first, but what does it say about sexuality within God's intended purpose?

- What does this say about sex and sexuality in general? Is it inherently bad or wrong?

What Culture Says About Sex And Sexuality

- What are some examples of the messages our culture sends about the "who" of sex? Who is sex OK with in the world's eyes?

- What about love? Our culture seems to say that sex between two people who love each other is OK, regardless of whether they're married or not. What's the problem with this?

II

Read Hebrews 13:4.

- What do you think this passage means when it mentions keeping the wedding bed pure?

Read Song of Solomon 2:7.

- How does this verse support what we've been talking about so far?

- According to the Scripture we've just read, when is it good in God's eyes to have sex?

- Describe the attitude or the message you get from the world around you about when it's OK to have sex.



So, if you were to summarize, in one sentence, sex that is good and right in God's eyes, how would you describe it:

Here's the ultimate question:

Why do you think there's such a great difference between what the world says about sex and sexuality and what God says?

How challenging is it to hold these beliefs in your world? Is it a popular stance to take? What makes it easy or hard in your opinion?



WRAPPING UP

What is your idea of a perfect first date? Take a second and fill in the boxes below to describe an awesome first-date experience.

CAR YOU'D DRIVE

FOOD CHOICE

ACTIVITY

MUSIC YOU'D LISTEN TO

WHAT YOU'D WEAR

WHAT YOU'D TALK ABOUT

- **If you want to pull off a perfect date, do you have to follow one of these volunteer's way of doing it?**
- **Why is this a good thing?**
- **What do you or could you do to show the world that you see sex and sexuality differently? That you see it God's way and not the world's way?**
- **Why is it so important to live in such a way? Why does it matter that you have the same attitude that God has when it comes to sex?**