

The Jesus Studies | *Jesus And Tough Times*

What teenager doesn't experience tough times? Whether it's the relatively run-of-the-mill relational issues that plague high schoolers or bigger issues such as divorce, or the death of a loved one, teenagers have their share of struggles. Knowing where to turn in troubled times can be a challenge. How refreshing, then, to know that Jesus spoke extensively on the challenges we face, and how we can bring our cares to God in trying times.

Jesus and Tough Times will help you teach your students that when they experience tough times, they should express their emotions to God in real, honest ways; that faith in Jesus and His ability to lead them through trials is what will get them through tough times; that Jesus stands ready to offer comfort to them in the midst of their tough times; and that when Jesus ultimately delivers them from tough times, their response should be thankfulness and praise.

Teach *Jesus and Tough Times* to your students and help challenge them to seek God out when life gets tough.

***Jesus and Tough Times* Is Loaded With Resources:**

- 4 Interactive Leader's Guides complete with Bible Background
- 12 out-of-class devotions
- 4 Parent Pages for at-home discipleship
- PowerPoint backgrounds and Promo Art
- Teacher Prep Video to help you prepare
- Social Media suggestions for before and after each lesson

***Jesus And Tough Times* Lesson Overviews**

Lesson 1: The God Who Listens

- **Learning Objectives:** Students will learn that when they experience tough times, they should express their emotions to God in real, honest ways; and will be challenged to reconsider the way they communicate with God, challenging them to embrace a more honest dialogue with Him.
- **Scripture Focus:** Matthew 26:36-46

Lesson 2: Faith In Tough Times

- **Learning Objectives:** Students will learn that faith in Jesus' ability to lead them through trials is what will get them through tough times; and will be challenged to express faith in God's ability and desire to help them persevere through tough times.
- **Scripture Focus:** John 11:1-3; 17-27; 38-44

Lesson 3: Comfort In Tough Times

- **Learning Objectives:** Students will learn that Jesus stands ready to offer comfort to them in the midst of their tough times; and will be challenged to commit to turning to Jesus and accepting the comfort He offers.
- **Scripture Focus:** John 14:25-27, John 16:33, Matthew 11:28-30

Lesson 4: What To Do When It's Over

- **Learning Objectives:** Students will learn that when Jesus ultimately delivers them from tough times, or provides them with the strength to persevere, their response should be thankfulness and praise; and will be challenged to acknowledge a time when God either removed a tough time from their lives, or helped them persevere through one, and to communicate a message of thanks and praise to Him as a result.
- **Scripture Focus:** Luke 17:11-19